

DID YOU KNOW?

Inhalers, particularly metered-dose inhalers or puffers, contribute to **greenhouse gas emissions** through use of propellants.



Each inhaler can have a **carbon footprint** equivalent to driving the following distances by car:



Metered-dose Inhalers

170 km



Soft Mist Inhalers

7.5 km



Dry Powder Inhalers

6 km



In only 10-20 minutes, your pharmacist will review your inhaler technique, discuss inhaler options and prescribe/recommend an alternative inhaler for you if appropriate.

Talk to your pharmacist and learn more about your inhaler and to ensure it is the most :



easy to use



cost-effective



convenient



environmentally friendly



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