

# **Endometriosis Resources for Pharmacists**

Support patient care with trusted, evidence-based tools from the Society of Obstetricians and Gynaecologists of Canada

# Why It Matters

Endometriosis affects approximately 1 in 10 individuals. Pharmacists are in a unique position to provide education, support symptom management, and guide patients toward reliable resources.

# **NEW: SOGC Endometriosis Card**

A compact, printable resource designed for use in clinical and pharmacy settings.

# Includes:

- •A list of common symptoms
- •Key treatment options
- •A direct link to

yourperiod.ca/endometriosis, an SOGC resource offering patient-friendly education

## Download the cards:

**Link to Foldable Business Card** 

**Endometriosis Understanding the Pain** 

Card

# How to Use It:

- Print and display at pharmacy counters
- •Share with patients experiencing pelvic pain, painful periods, or suspected endometriosis
- •Direct patients to **yourperiod.ca** for evidence-based guidance

## **Endometriosis Resource Hub**

The SOGC's Endo Hub is a central access point for health care providers, offering credible and accessible information.

### Features:

- •Clear explanations of endometriosis and treatment options
- Practical tools for symptom tracking and care planning

# **Explore and share:**

SOGC Endometriosis HUB

