How to Give Naloxone Nasal Spray

If you suspect an opioid overdose:

1. CALL 911
   - 911

2. LAY PERSON ON BACK
   - Support neck and tilt head back

3. GIVE NALOXONE
   - PEEL the package open and hold the device. Do not press until ready to give naloxone.
   - PLACE the tip in the nostril
   - PRESS firmly

   Naloxone is for the nose. It works, even if the person is not breathing.

4. PUT PERSON IN RECOVERY POSITION
   - Hand supports head
   - Knee stops body from rolling onto stomach

5. MONITOR
   - Give a second dose in 5 minutes if they don’t wake up or aren’t breathing properly.
   - Use a new spray every time.

Ask your pharmacist for naloxone

For more information visit www.pharmacists.ca/naloxone

Remember to check the product’s expiry date regularly.