

# How to Give **Naloxone Nasal Spray**

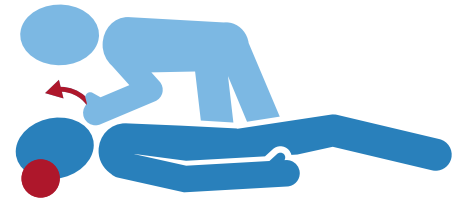
If you suspect an opioid overdose:

## 1 CALL 911



## 2 LAY PERSON ON BACK

Support neck and tilt head back

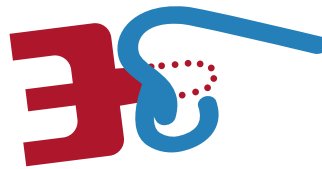


## 3 GIVE NALOXONE

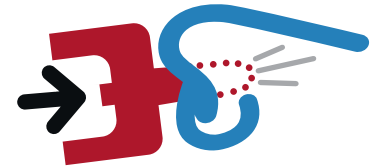
**PEEL** the package open and hold the device. Do not press until ready to give naloxone



**PLACE** the tip in the nostril



**PRESS** firmly

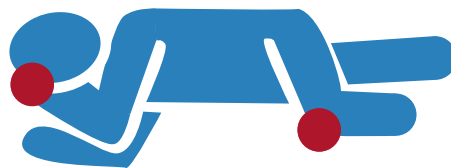


Naloxone is for the nose. It works, even if the person is not breathing

## 4 PUT PERSON IN RECOVERY POSITION OR BEGIN CPR

If person becomes responsive, or you have to leave the person unattended, put the person into recovery position

- Hand supports head
- Tilt head back slightly
- Knee stops body from rolling onto stomach



If person remains unresponsive

- If you know how, begin CPR

## 5 MONITOR

Give a second dose in **2-3 minutes** if they don't wake up or aren't breathing properly



Use a new spray every time

**REPEAT steps 3-5 and STAY with the person until paramedics arrive**

**Ask your pharmacist for naloxone**



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Pharmacists  
Association

Association des  
pharmaciens  
du Canada

For more information visit  
[www.pharmacists.ca/naloxone](http://www.pharmacists.ca/naloxone)



Remember to check the product's expiry date regularly