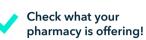
What to expect when you get your flu shot at the pharmacy



📊 Before you visit...

Arrange to have your flu shot

- Your pharmacy may offer:
- appointments
- dedicated walk-in hours
- special times for vulnerable patients
- home visits
- off-site clinics
- drive-thru options





Self-screen for COVID-19 symptoms

Before coming to the pharmacy, ask yourself the following questions:

- Have I tested positive for COVID-19 and have not been cleared?
- Do I have any COVID-19 symptoms (on the day of your flu shot)?
- Have I experienced any COVID-19 symptoms in the last 2 weeks?
- Have I travelled out of the country in the last 2 weeks?
- Am I living with an individual who currently has COVID-19 or has been out of the country in the last 2 weeks?
- Am I under self-isolation?

If you answered yes to any of the above questions, you will need to reschedule your flu shot.



Fill out forms and documents

In order to reduce the time spent at the pharmacy, you may be able to complete and/or securely submit your flu shot documents before your visit (e.g., website, email). Check to see if this is available at your pharmacy.

Remember:

Contact your pharmacy if you need to cancel or change your scheduled appointment. Someone can use your spot!



COVID-19 vaccines can be safely administered at the same time (or any time before or after) other vaccines, including the flu shot! **Talk to your pharmacist for more info!**

At the pharmacy...

Follow your pharmacy's check-in and waiting procedures. This may include waiting in a designated area, outside or even in your car. Follow all physical distancing signage and respect the posted limits of number of people allowed in the pharmacy at one time.



distancing.

Screening

COVID-19 screening might be done before you enter the premises (e.g., in your car, at the entrance or even by phone.)



Wear a mask or face covering

If you do not have a mask you cannot get your flu shot. Check with your pharmacy for any exceptions.



Allow easier access to your arm muscle.



Remember: The flu shot is the most effective protection against the flu. By protecting yourself, you are also protecting those around you.

Arrive on time, not early Help avoid crowds and maintain physical



Limit the number of people going with you

Only 1 essential caregiver should attend (e.g., parent). NOTE: Households can be immunized together.

Stay safe. Be kind. Be patient.