COVID-19 in patients taking DMARDs or other anti-rheumatic medications

To date (March 23, 2020), there is no data on COVID-19 in patients with rheumatic disease taking DMARDs.

Patients should not stop taking DMARDs without the consultation of their rheumatologist.¹,²,³ While it is generally recommended to temporarily stop DMARDs when patients develop symptoms of an infection, the risk of an infection should be weighed against the risk of disease flare and should therefore be done under the supervision of the treating physician.

The COVID-19 situation is evolving, and data collection is ongoing. The evidence regarding the risk of infection with COVID-19 in patients taking DMARDs will be reviewed as it becomes available and this statement will be updated accordingly.

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References