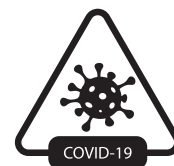


# COVID-19: WHEN TO SEEK HELP



**Most people will be able to manage mild symptoms of coronavirus disease at home without medical assistance.**

## **SEEK HELP IMMEDIATELY**

**if you or a loved one with COVID-19 (suspected or confirmed) experience any of these symptoms:**



### **BREATHING ISSUES**

- Increasing trouble breathing
- Unable to catch a breath
- Pain on breathing
- Pressure in chest
- Pain in chest
- Blue lips, face or fingernails



### **ALERTNESS ISSUES**

- Difficult to wake up
- Confusion
- Loss of consciousness



## **Call 911**

**if you are seriously ill and need immediate medical attention and inform the operator that you may have COVID-19.**



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