

COURSE PROSPECTUS



Quit Using and Inhaling Tobacco



A Canadian Pharmacists Association continuing professional development program



CANADIAN
PHARMACISTS
ASSOCIATION

ASSOCIATION DES
PHARMACIENS
DU CANADA



5
CEUs



Quit Using and Inhaling Tobacco

Description

The QUIT continuing education certificate course is designed to help pharmacists enhance their patient care skills in smoking cessation and expand their role providing smoking cessation-related professional services. QUIT learning content includes the behavioural and physical aspects of addiction and cessation, pharmacotherapy, patient care and counselling, as well as practical strategies for offering smoking cessation services in your pharmacy. QUIT is recognized as an approved smoking cessation training program for pharmacists by the Ontario Ministry of Health and Long-Term Care and Green Shield Canada.

This 5.0 CEU program includes 6 modules. Learning material includes didactic content, interactive activities, reflective activities and a summative self-assessment post-test. A series of documentation templates and practice tools aligned with delivering smoking cessation services is also provided.

Modules include:

MODULE 1: Starting intervention

- Identify the risks of tobacco use.
- Identify the benefits of quitting in client-friendly terms.
- Assess the individual client's readiness to quit.
- Use tools, such as "The 5 A's Approach," to start the conversation about smoking cessation with clients in a personalized manner that addresses their readiness to quit.

MODULE 2: Addiction

- Recognize the effects of nicotine on the client's body and mind.
- Identify the client's level of nicotine dependence.
- Identify the reasons people smoke, including physical and behavioural dependence.
- Highlight the ways in which a pharmacist can stimulate and support a client's desire to deal with nicotine addiction and handle withdrawal.

MODULE 3: Pharmacotherapy

- List available smoking cessation aids and the characteristics that may make an aid more appropriate than others in certain clinical situations.
- Identify alternate cessation methods.
- Describe useful behaviour tips.

MODULE 4: Counselling patients

- Communicate effectively with your patients.
- Provide effective face-to-face counselling and telephone or in-person follow-up.
- Identify steps of a counselling process that you can use to provide effective counselling for your patients.
- Use various tools within the counselling process to support you and the patient.



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MODULE 5: Your program

- Define the goal and level of service for your smoking cessation program.
- Conduct a SWOT analysis of your practice setting.
- Summarize marketing techniques for promoting your smoking cessation program to current and potential patients.
- Compute the costs associated with your program.
- Identify how to involve other staff members within the program.
- Discuss useful behaviour tips

Accreditation and Completion Requirements

This course has been accredited as a continuing education certificate program by the Canadian Pharmacists Association (CPhA), a CCCEP-approved accredited provider. To earn the continuing education certificate for the course, participants must complete all module requirements including all reflective and self assessment activities in addition to earning 70% or greater on the post-test. You will have up to 3 attempts to pass the post-test. Complete details on these items are provided within the program.

Participants who achieve the certificate of completion may state that they hold a Continuing Education Certificate in Providing QUIT Smoking Cessation Services. The program certificate does not provide participants with professional certification credentials.

Availability

This self-directed online course is available for registration up until its accreditation expiry date. Annual accreditation renewal is expected. We recommend you complete the course within 90 days of registration.

A 6.0 CEU live workshop is also available on demand.

Pricing

See www.pharmacists.ca/quit for up-to-date pricing and special offers.



Find out more at www.pharmacists.ca/quit

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Register at www.pharmacists.ca/quit
or contact us at cpd@pharmacists.ca or 1-800-917-9489