COVID-19: WHEN TO SEEK HELP



Most people will be able to manage mild symptoms of coronavirus disease at home without medical assistance.

SEEK HELP IMMEDIATELY

if you or a loved one with COVID-19 (suspected or confirmed) experience any of these symptoms:



BREATHING ISSUES

- Increasing trouble breathing
- Unable to catch a breath
- Pain on breathing
- Pressure in chest
- Pain in chest
- Blue lips, face or fingernails



- Difficult to wake up
- Confusion
- Loss of consciousness



Call 911 if you are seriously ill and need immediate medical attention and inform the operator that you may have COVID-19.



Canadian Association des Pharmacists Pharmaciens Association du Canada