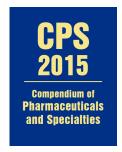
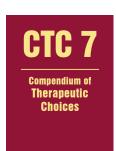
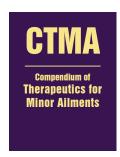
# Evidence-based Drug & Therapeutic Information

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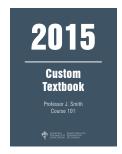
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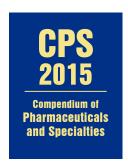
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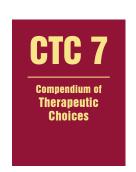
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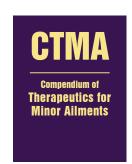
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  - Diabetes
  - GI disorders
  - Skin conditions
  - Respiratory disorders
  - Musculoskeletal conditions
  - Sexual health conditions
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- · Addresses patient assessment, goals of therapy and lifestyle management
- Helps you manage the continuum of care for common conditions
- Helps you empower your patients to participate in the management of minor ailments











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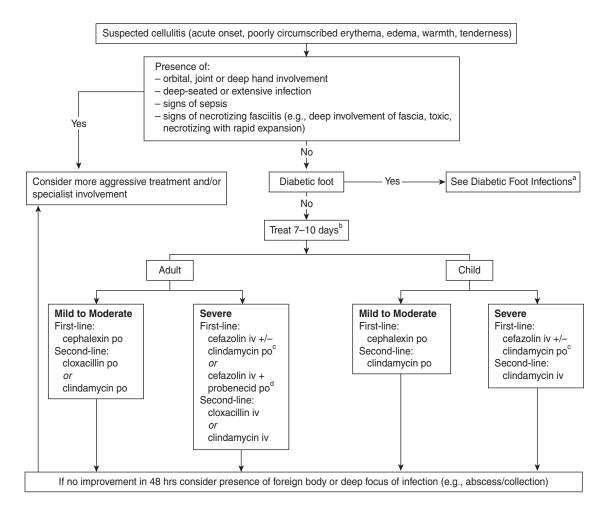
Chapters include an introduction to the condition, goals of therapy, investigations, nonpharmacologic and pharmacologic choices, therapeutic tips and suggested readings. Every chapter is fully referenced and includes both a condition management algorithm and a drug table comparing dosages and relative costs for products available in Canada.

A level of evidence system has been applied to selected text based on the Strength of Recommendation Taxonomy (SORT) system.

### **Example of a Condition Management Algorithm:**

### **Chapter: Bacterial Skin Infections**

Figure 1: Management of Cellulitis





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Health care professionals use the *Compendium of Therapeutics for Minor Ailments* to assess a patient's condition and then help them manage their condition through nonpharmacologic or pharmacologic therapy. Conditions in *CTMA* include those that can be managed, at least initially, with nonpharmacologic or nonprescription therapy.

Each chapter is presented in a similar format: pathophysiology, patient assessment, goals of therapy, nonpharmacologic therapy, pharmacologic therapy (with an emphasis on nonprescription products but including prescription therapy) and monitoring of therapy. Assessment and/or treatment algorithms help streamline diagnostic and treatment decisions. Prevention and pregnancy/breastfeeding are also addressed when appropriate.

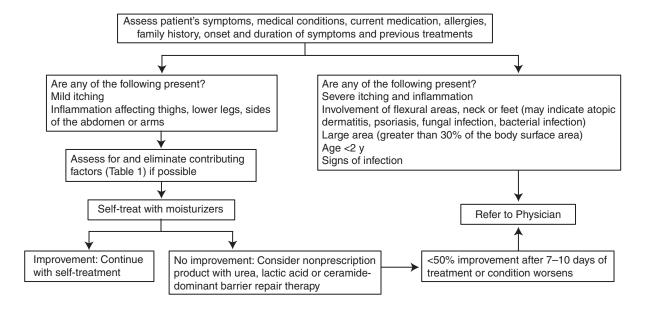
Pharmacologic therapy is presented in table format. Drug therapy is are usually addressed by generic name, except where brand names are necessary to the description. A companion publication, *Compendium or Products for Minor Ailments*, addresses available by brand name. Natural products and herbals are included if appropriate. In addition, the complementary and alternative medicine appendix provides general information.

Patient information sheets on self-care conditions follow each therapeutic chapter and additional sources of patient-oriented information are provided as resource tips. The entire text is referenced and based on the best available evidence; the reference list follows the suggested readings.

### **Example of a Patient Assessment Algorithm:**

### Chapter: Dry Skin

Figure 1: Assessment of Patients with Dry Skin





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